



Thank you for your treatment

[REDACTED]
To: sebastian@caliparc.com

Sebastian, and Staff of California Palms,

I celebrated 10 months of continuous sobriety today. thanks to your great treatment center. Since 1983 I have gone to 7 rehabs for alcoholism and nothing ever worked. I attended the VA residential treatment program in 2016 to stay sober for a few months. Cali Parc was the first place I had ever gone to who tried to find the underlying cause of my drinking. for that I am grateful. I have been on my meds for bipolar, ADHD and PTSD since I was there last June and July. When I was there I did not want to admit I also had mental health issue because of the fear of being labeled with mental illness. I remember setting with Elizabeth when I first got there and she told me to give the meds time to work. My whole life has changed since my discharge and I owe it all to Cali Parc.

I loved the fact that Cali Parc was different. All of my past treatment centers were groups and sleep. Cali Parc taught me to have fun in recovery. I loved the weight training, yoga and the fact you guys cared about me I was not just another client.

Thanks to California Palms my family loves who I am again and I get to spend everyday sharing my story of recovery with other Veterans who suffer from combat PTSD and Addiction. My wife and I have started a veterans AA group here in Florida we are now up to over 50 veterans with addiction come every Monday night.

From the bottom of my heart thank you Sebastian and Bob. I wish every addict or alcoholic would have the same chance at recovery that you have gave me.

[REDACTED]
Gunnery Seargeant
United States Marine Corps (retired)