



CaliPARC Testimonial

[REDACTED]
To: Sebastian Rucci <sebastian@caliparc.com>

To Whom It May Concern;

On [REDACTED] I entered residential treatment at California Palms Addiction Recovery Campus. Prior to entering treatment there, I had completed inpatient treatment at two different facilities, First Step Recovery in Warren, OH, and the now defunct Braking Point in Austintown, OH.

I had no idea what to expect prior to being admitted to CaliPARC. All I knew was that it was a beautiful facility and at the very least I could enjoy the amenities and comforts that it offered before I moved on to a sober living house. However, shortly after becoming a client at CaliPARC, I was overwhelmed and excited by the treatment that was available and how different it was from the "traditional treatment model" that is so prevalent in the drug and alcohol treatment industry. At past facilities, I felt like I was not treated at all as an individual, being referred to using blanket statements, only hearing about AA/NA as the only way to succeed, and always being told that my way of thinking was incorrect. The latter ultimately gave me a complex when it came to trying to combat my addiction.

I was pleasantly surprised to learn that was not the case at Cali Palms. There was a wide variety of treatment options available, as well as much of the traditional treatment methods. The biggest difference was being treated with dignity, respect, and as an individual. While there were 4-5 hours a day of traditional / clinical groups, there was also therapy through fitness, meditation, music, community involvement, and peer support.

The entire facility and experience was beyond anything I could have hoped for. However, I must mention the things that really stood out to me and took me farther in my recovery than ever before.

1) Meditation - Learning about genuine, eastern philosophies of meditation, and learning to practice it. I learned and experienced great things from it that I still practice to this day.

2) The Amenities - This offered an aspect of dignity, respect, privacy, and comfort that was so much appreciated when my life was in such turmoil. It felt good to know that the facility thought we were deserving of such things, even being "addicts" and "alcoholics."

3) The Staff - Ricki Rivera was my rock while I was there. She would listen to me talk and talk, even when I thought that I knew it all. She would give me insightful feedback in a way that would make me really think and grow, and she would do it in a way that I wouldn't even notice she may have disagreed with me at times. She would plant healthy seeds that would lead me to some great self realization. Sebastian Rucci, the owner, is someone that I got to know as my time progressed at Cali Palms. I was there for a total of 4 months. Within that time, I experienced a very traumatic death in my family, and my father's dementia rapidly progressing. The support and sense of family that Mr. Rucci offered helped me through these very rough times. Whether offering transportation to be with family, advice and conversation, or literally being a shoulder to cry on when I first very first received the phone call about my Aunt passing away. (She was like a second Mother to me. It was a very rough time.)

4) The overall feeling and opportunity to being able to still handle day to day things that arise in normal life, yet having the ability to deal with them in a very therapeutic, supportive, and safe atmosphere.

5) Lastly, I cannot fail to mention the generosity. I am not a veteran, and they were unable to accept my insurance. However, rather than immediately making me leave the facility, they provided me with 4 months of the absolute highest level of care I have ever received regarding addiction and in an environment that went above and beyond just taking care of my basic life necessities.

I can go on and on, but I think I've made my point. My experience at California Palms Addiction Recovery Campus, has definitely provided me with many of the tools that I utilize every day to maintain sobriety. I would never be able to express my thanks enough.
Sincerely,

[REDACTED]
[REDACTED]