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**From Joe Smith**

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To: Sebastian@caliparc.com

Tue, Apr 16, 2019 at 5:13 PM

To whom it may concern,

I am a 33 year old Caucasian male. I have lived in northeast Ohio most of my life. I played basketball all of high school then two years of college, eventually after some spats with depression I dropped out of school and quit basketball. I ended up joining the military at the age of twenty. I was in for six years, I received an Honorable Discharge in 2006. Shortly before that is when my struggle that brought me here began.

I began to dabble with pills mostly oxycontin, morphine, and some cocaine. Then when the pills and money ran out I quickly switched to Heroin. What a lonely miserable road that has been. I have overdosed atleast eight times, one of those put me in a coma for almost a week, my mother and brother came to the hospital to tell thier son and brother GOODBYE. I obviously pulled through. After many stents in jail, atleast seven or eight rehab stays, none of them working to tear me from this addiction my road has led me here after thinking of suicide many times.

California Palms has allowed me to see then I still have something to live for. They treat me like a human being here, as we're other places treated me like a paycheck or a number. Throughout the eight years of my addiction in trying it to recover in the three weeks that I've been here I already feel much better mentally I physically and emotionally. Everyday we learn things to better ourselves we are much like a family here. Much of this program depends on yourself wanting to better yourself and they teach us the tools to enable us to do so. We have sufficient personal time to work on things that each of us need it personally and access 2 counselors to assist us. They also provide if physical health classes and the necessary equipment to better our physical well-being. We attend 12-step programs we also host them here and outdoor activities are great. All in all I wouldn't trade this opportunity for anything this has been the greatest experience since I stumbled down this long road of addiction and thanks to California Palms I feel that this will be my last treatment strongly. Thank you for taking the time to read this. Have a wonderful day.

Sincerely,